

Changing Room Policy:

For the safeguarding of children, the Company have written the following procedures following consultation and guidance with Swim England.

Please be aware that the changing rooms are group changing rooms and consist of a female group changing room and a male group changing room. There is no public use during our hire periods of the pool and its changing facilities.

The following paragraph is taken from the Swim England Changing Room Policy:

Parents should not be in the changing room while their swimmers are changing, unless the swimmer is of an age where help is required from parents, or the swimmer requires additional specific assistance. This is generally at an age that is stipulated by the pool hirer, usually 7 or 8 years of age. In such circumstances the parent must be the same gender as the child, unless the facility has family changing facilities or is a “mixed changing village”.

At Mill Hill School of Swimming, we are aware that this is not always feasible and often there are Mothers that bring their sons and Fathers that bring their daughters. Our policy is that the **sex** of the changing room that should be used when a child needs help getting changed is of the **same sex as the parent/adult** that is helping.

For example, a **mother** helping her son should be using the **female** changing rooms and a **dad** helping their daughter should be using the **male** changing room.

For the safeguarding of children, we also recommend that children do not get changed on poolside in front of others.